

Newcastle & Lake Macquarie

Awabakal, Worimi and Mindaribba Country

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Poverty & Demographics	Newcastle & Lake Macquarie	NSW
Poverty Rate	11.89%	13.4%
Single Parent Families	17.4%	15.8%
Median Household Income	\$,1676	\$1,829

Housing and Financial Stress



81%

people are living in housing stress.1

57%

have gone without essential hygiene products due to the cost

55%

people have skipped meals because they short of money.

Health



25%

One in four people went to ED because they could not access a GP.²

53%

people went without a prescribed medication due to costs.

211%

The number of residents who have delayed or avoidedseeing a GP due to cost has almost tripled since 2020 – increasing

Children and Young People



12 3%

children are living in poverty at a cost of \$2.1 billion.4

6.37%

young offenders (1357) across NSW in the last year were in the Newcastle Lake Maquarie Region.⁶

11 4%

children are developmentally vulnerable in two or more domains.⁵

Local Challenges



26.6

pokie machines for every 1000 people across Newcastle, compared to the NSW average of 14.7

44%

people identified climate change as an issue they are concerned about for themselves.

0 Bulk Billing

In Newcastle there are no GPs who offer Bulk Billing for patients.⁹

Impossible Choices: Decisions NSW families shouldn't have to make. Regional Snapshot. NSW Council of Social Service. Following statistics have come from the NCOSS Cost of Living report. 2 Access Denied: Australians Locked Out of Quality Healthcare Patient Experience and Socioeconomic Disadvantage in NSW. NCOSS 20242024. 3. NSW Street Count results. NSW Government. 4 Lasting Impacts of Child Poverty. NCOSS. 5 Australian Early Development Census 2024. Data by SA4. 6 Trends in youth offending in NSW 2025. NSW Bureau of Crime Statistics and Research 7 Liquor and Gaming NSW. Electronic Gaming Machines by SA2. 8 Social Justice Stocktake 2025. Salvation Army 9 SBS. (2023). Just 35 Per Cent of GP Clinics Bulk Bill New Patients. Here's How Your Area Compares. 10 Poverty rate is defined as 15.27% of households. Single parent families is defined as 18.5% of all families. Australian Bureau of Statistics 2022. 2021 Census Quickstats.