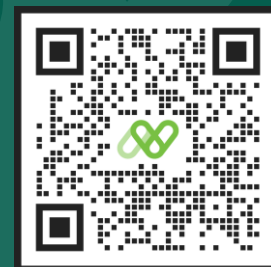
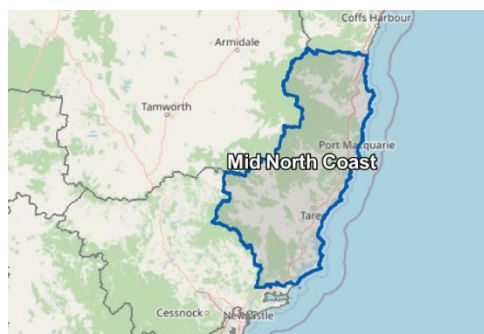


Mid North Coast

Birpai Nation



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Poverty & Demographics

	Mid-North Coast	NSW
Poverty Rate	17.41%	13.4%
Single Parent Families	17.7%	15.8%
Median Household Income	\$1,327	\$1,829

Housing and Financial Stress



56%

people are living in housing stress¹

55%

have gone without meals because they were short of money.

32%

people rely solely on government payments compared to the NSW average of 17%.

Health



36%

More than one in three people attended the ED because they could not see a GP.²

52%

people have gone without prescribed medication because they couldn't afford it.

260%

The number of people who delayed seeing a GP due to cost has increased over 260% since 2020.

Children and Young People



22%

children are living in poverty at a cost of \$2.1 billion.⁴

1,100

young offenders across the region in the last 12 months. Just over 5% of the young offenders across NSW.⁶

14.5%

children are developmentally vulnerable in two or more domains.⁵

Local Challenges



800

More than 800 homes were declared uninhabitable due to severe weather with some residents eligible to apply for Disaster Recovery Relief.⁸

35%

people had sought assistance from a service in the previous 12 months, compared to 7% NSW average.

24.7

25 pokie machines per 1000 people in Port Macquarie, significantly higher than the NSW average of 14.⁷

¹ Impossible Choices: Decisions NSW families shouldn't have to make. Regional Snapshot. NSW Council of Social Service. Following statistics have come from the NCOSS Cost of Living report. ² Access Denied: Australians Locked Out of Quality Healthcare Patient Experience and Socioeconomic Disadvantage in NSW. NCOSS 2024/2024. ³ NSW Street Count results. NSW Government. ⁴ Lasting Impacts of Child Poverty. NCOSS. ⁵ Australian Early Development Census 2024. Data by SA4. ⁶ Trends in youth offending in NSW 2025. NSW Bureau of Crime Statistics and Research ⁷ Liquor and Gaming NSW. Electronic Gaming Machines by SA2. ⁸ NSW Government Disaster Relief Grants www.nsw.gov.au/grants-and-funding ⁹ Poverty rate is defined as 15.27% of households. Single parent families is defined as 18.5% of all families. Australian Bureau of Statistics 2022. 2021 Census Quickstats.