



## POSITION DESCRIPTION

STARTTS is committed to Equal Employment Opportunity (EEO) and anti-discrimination policies.

**POSITION NUMBER: 1064**

**Date reviewed/created: May 2023**

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**POSITION TITLE: Direct Services Counsellor/Project Officer**

**TEAM:** Direct Services

**LOCATION:** Sydney Metropolitan Area

**AGREEMENT:** "NSW (Non-Declared) Affiliated Health Organisations' Professional and Associated Staff Agreement".

**CLASSIFICATION:** Health Education Officer, or other relevant classification based on qualifications, experience and requirements of the role.

A generous salary packaging scheme is also offered.

**PERIOD OF APPRAISAL:** Performance will be assessed within 3 months of commencement and a 6 month probationary/qualifying period will also apply.

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### Background to STARTTS

STARTTS is a state-wide service funded by the NSW Department of Health and Commonwealth Department of Health to provide high quality assessment, treatment and rehabilitation services to people living in NSW who have experienced organised violence or trauma associated with the refugee experience. STARTTS is an Affiliated Health Organisation (AHO), a Non-Government Organisation whose services are deemed to be part of the NSW public health system.

STARTTS' service provision philosophy is predicated on a bio-psycho-social framework that incorporates a large range of clinical and psycho-social interventions informed by the latest advances in neuroscience and evidence based practice in relevant fields. As such, STARTTS provides a broad range of services including assessment; counselling for all age groups; psychiatric assessment and interventions; family therapy; group interventions; body-focused interventions such as massage, physiotherapy, acupuncture and pain management groups; support groups; programs for children and youth; and various strategies to increase the capacity of support networks and refugee communities to sustain their members.

The focus of the STARTTS' approach is on building capacity and empowering people and communities to take control over their own lives, using a strengths-based approach and building on individual, family, community and cultural strengths.

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### Background to the Program Area of the position

This position forms part of STARTTS Direct Service program and will service clients who have entered Australia as asylum seekers and who are permanent residents, who arrived recently and have settled under the Humanitarian Settlement Strategy (HSS) and those who have resided longer. The position is to provide a comprehensive assessment, referral and counselling service to Refugee and Special Humanitarian Program entrants living in Sydney metropolitan areas. The Direct Services program offers a holistic range of services including short to medium term culturally appropriate counselling, group work and community development.

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### ORGANISATIONAL RELATIONSHIPS:

1. Responsible to: *Direct Services Team Leader*
2. Responsible for: *Nil*

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**SELECTION CRITERIA:****Essential Criteria:**

1. Tertiary qualifications in Health, Counselling, Behavioural or Social Sciences.
2. Demonstrated assessment and counselling experience in a cross-cultural context and experience in working with children, adolescents and adults in a clinical setting.
3. Demonstrated capacity providing clinical group treatment and demonstrated training skills.
4. Demonstrated understanding of the issues affecting refugees in particular resettlement issues, and the effects of torture on individuals, young people, families, and communities.
5. Proven excellent oral, written and interpersonal communication skills and proficiency in the use of Microsoft Office.
6. Ability to work independently and as part of a multidisciplinary team within a multicultural environment.
7. Knowledge of the cultures and health needs of refugee communities in Sydney Metropolitan areas and experience in community development, community liaison and advocacy.
8. Hold a current NSW Driver's Licence.

**Desirable Criteria:**

1. Knowledge of local communities in Sydney metropolitan areas and available services.
2. Dari/Farsi/Arabic/Assyrian speaking counsellor.

\*This position is considered child-related employment and will require a Working with Children Background Check and a National Police Check.

**COVID -19 REQUIREMENTS**

\*In line with NSW Health & STARTTS Policies, all STARTTS workers are considered Health Workers and are required to be vaccinated against COVID-19. In order to be eligible for consideration for employment with STARTTS, all recruits must provide evidence of three vaccinations against COVID-19, or alternatively provide a Medical Contraindication in the approved form which complies with the requirements of NSW Health & STARTTS Policies, prior to appointment. Should you not be able to comply before your commencement date, the offer of employment may be withdrawn.

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**BRIEF DESCRIPTION OF ROLE**

The Counsellor/Project Officer position is designed to provide individual and group clinical assessment and treatment to traumatised clients; collaborate with communities and deliver training to other service providers. This position is located in Direct Services Teams and will be based in STARTTS Sydney Metropolitan Offices. The position will involve regular travel to other areas of Sydney.

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**PRIMARY OBJECTIVES:**

1. Identify traumatised people in refugee communities in Sydney metropolitan areas and provide an assessment counselling and referral service to refugee families, children and adolescents.
2. Provide short to medium term individual and group counselling and support services to refugees both newly arrived and established, permanent residents and asylum seekers, whose experience of torture and trauma is affecting settlement and other areas of their lives.
3. Develop and maintain productive partnerships between STARTTS and other services within the Sydney metropolitan areas relevant to the needs of newly arrived and established refugees to ensure effective service provision.
4. Provide consultancy and/or training to other service providers working with newly-arrived refugees and refugee communities including medical, allied health, counselling and other relevant service providers.
5. Provide services as per the terms of the Program of Assistance to Survivors of Torture and Trauma (PASTT) contract and maintain productive working relationships with HSS service providers in the areas of Direct Services team responsibility.

6. In collaboration with other STARTTS services, develop and implement relevant community education and social support programs of benefit to people from affected refugee communities.
7. To participate in STARTTS youth camp (at least once per year).

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## **PRIMARY DUTIES:**

### **1. Assessment, Counselling and Community Development**

- 1.1. Provide a psycho-social and psychological assessment (such as: Harvard Trauma Questionnaire and Hopkins Check List 25) and referral service to refugee families, adults, children and adolescents in accordance with PASTT contractual and other service delivery requirements.
- 1.2. Undertake training and develop competency in the use of the Refugee Comprehensive Assessment Tool (R-CAT) and utilise this tool when conducting assessments with refugee families, children and adolescents.
- 1.3. Support refugee families and assist them to develop a clear understanding of the issues which may affect them and their children, and to understand what services are available to them.
- 1.4. Develop and implement case plans in conjunction with refugee clients that will assist them to overcome psycho-social settlement difficulties, to manage their traumatic and psychological symptoms and to access relevant community resources.
- 1.5. Provide short to medium term counselling (an average of 8 sessions) to those newly arrived refugees whose experience of torture and trauma is affecting settlement and identify those requiring longer term support or specific interventions.
- 1.6. Liaise with service providers, including HSS Case Managers, the Refugee Health Nurses and/or relevant settlement services as determined by client needs.
- 1.7. Provide counselling for clients that have been resident in Australia for more than twelve months and for clients exited from HSS on the basis of assessments conducted.
- 1.8. Promote assessment and counselling services through an information strategy including community information sessions, printed information in community languages and community radio. This includes translation of relevant information regarding STARTTS services where appropriate.
- 1.9. Introduce newly arrived and more established refugees to other STARTTS' programs specifically designed to assist people with their settlement process in Australia where these are available (such as the Families in Cultural Transition and residential programmes).
- 1.10. Maintain proper records of client contact and assessment, case plans, referral and follow up and interventions.
- 1.11. Develop and maintain productive partnerships between STARTTS and other services in Sydney metropolitan area and local area to the location of Direct Services Team relevant to the needs of refugees.
- 1.12. Work with local refugee communities to identify needs and encourage the development and maintenance of a supportive community infrastructure.
- 1.13. Gain thorough knowledge of the local community and services therein. Identify gaps in health care services and initiate new services in consultation with relevant STARTTS staff, local community organisations and refugee communities.
- 1.14. Participate in preparation of youth camps: provide support to children and adolescent that attend youth camps, facilitate the group process and provide individual counselling/debriefing sessions if required (at least once per year).
- 1.15. Assess and Treat clients in different Sydney metropolitan areas.

### **2. Training**

- 2.1. With the support of the Training Team conduct training programs for medical, allied health, counselling and other relevant service providers and volunteer groups working with refugees.
- 2.2. Provide input to development of training materials relevant to the needs of services working with refugees focusing on the difficulties confronted in the initial period after arrival.

### 3. Administration

- 3.1. Ensure that a minimum counselling workload consistent with contractual obligations, service goals and financial accountability requirements are maintained.
- 3.2. Complete client based documentation associated with Direct Services HSS and non-HSS interventions as required.
- 3.3. Participate in the evaluation of the effectiveness of services provided, become competent in the utilisation of prescribed psychometric tools and processes.

### 4. Reporting

- 4.1. Provide bimonthly progress reports to the Direct Services Team Leader.
- 4.2. Prepare other reports as required.

### 5. Personnel

- 5.1. Participate in STARTTS Performance Management program and in the development of an annual Work Plan.
- 5.2. Be an active participant in team meetings to maximise contribution to the work of the team.
- 5.3. Participate in STARTTS staff meetings and other relevant meetings.
- 5.4. Work to ensure professional and co-operative working relationships within own team and with other departments across STARTTS.
- 5.5. Participate in identifying quality improvement initiatives/strategies.
- 5.6. Attend and participate in all training opportunities identified for the role.
- 5.7. Liaise with and seek senior advice as required.

### 6. As a STARTTS employee you are expected to:

- Have commitment to Human Rights, EEO, WHS and Safe Work Practices.
- Carry out the role and responsibilities in a manner that is consistent with delegations, policies, procedures and operations systems of STARTTS and in line with STARTTS Code of Conduct.
- Maintain confidentiality and exercise discretion in relation to all STARTTS matters.
- Actively seek to improve skills and knowledge that will benefit the organisation.
- Project a professional image at all times and in all situations.
- Undertake any other duties that may be required within the area of work.

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#### Equal Employment Opportunity and Staff Relationships:

- STARTTS is an Equal Employment Opportunity (EEO) employer and encompasses its philosophy and practice.
- STARTTS rejects racism and sexism in all its forms and is committed to the elimination of racial and gender discrimination including direct and indirect racism and sexism, racial vilification, and harassment.

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#### STARTTS Workplace Policies

You must observe and comply with the provisions set out in any and all written policy, practice or procedure of STARTTS. A breach of STARTTS' policies, practices and procedures may result in disciplinary action up to and including termination of your employment.

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#### Work Health & Safety responsibilities:

- Comply with STARTTS WHS policies and procedures.
- Work with due care and consideration to safeguard your own health and safety and the health and safety of others, and to report to your Supervisor any potential hazards, mishaps, incidents or injuries that may occur or become aware of during the course of work.

**Risk management responsibilities:** All staff have a responsibility to identify any risks (i.e. the chance of something happening that will have an impact on the objectives of the organisation) in the course of their work and to inform their supervisor, as per the *STARTTS Risk Management Policy and Program*.

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**Smoke-free Workplace**

STARTTS is completely smoke-free. This means that smoking is not allowed in any STARTTS' buildings, vehicles or grounds, there are no designated smoking areas. As an employee you are required to comply with the 'Non-smoking' Policy.

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I have read the **Direct Services Counsellor/Project Officer** Position Description, understand its contents and agree to work in accordance with the requirements of the position. I understand and accept that I must also comply with STARTTS' policies and procedures and can be required to work in any location under the jurisdiction of STARTTS.

I also agree to strictly observe STARTTS' policy on confidentiality of client information or such other sensitive or confidential information that I may come across in the course of my employment.

**Employee Name:** \_\_\_\_\_  
*Please print*

**Employee Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**CHIEF EXECUTIVE OFFICER: Jorge Aroche**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**The review for this Position Description is due: May 2025**