

## CHAT BOX, NGO RESEARCHERS FORUM- 23 June 2022

- Wonderful to hear how values are lived through the process of co-design, and to hear your perspectives Scott and your courage to take part today.
- You have an incredible voice Scott. Thank you so much for sharing this is incredibly valuable
- That was very compelling and authentic. Thank you for being so open
- What were the main things that made you feel comfortable and really part of the team? How did you make that level playing field?
- I heard Catherine Liddle from SNAICC say at an event last week that she doesn't want any more "co-design", she wants "co-leadership". It sounds like you were thinking about this, but can you say a little more about how you enabled leadership by people with lived experience in this project?
- Was there anything you had to adapt and develop in the process because you realised something wasn't working for people involved?
- Are you saying that this co-design process is guiding the overall strategic direction of Flourish, rather than being aimed at specific projects?
- Yes everything in Flourish including strategic plans, policies, funding decisions, frameworks, marketing, research, everything is co-designed.
- Thank you so much Scott for sharing your story. You are so brave and it is a story to give everyone hope.
- Thank you for the presentation! So interesting
- Amazing work, thanks so much for sharing
- Thank you! That was so great and informative
- What PHN were you working with? How was that experience?
- The PHN was NBMPHN (Wentworth Healthcare)
- Thank you so much, that was great
- Thank you, that was so great. I'll be in touch!
- I love your model of support for peer researchers can you share some any further info on the specific training or resources that you provided or drew on for your peer researchers did you draw on any external resources, training?
- Thank you. Very insightful.
- I would like to clarify when Flourish talk about people with lived experience we mean people who have had mental health issues. When we are talking about carers and family members we do not call that 'lived experience', we call that 'family and carer experience'.
- That was a great presentation. Thank you.
- Yes Reflection is so important.
- Thats wonderful!!
- How did you keep up the commitment during Covid when it was all online? It was mentioned keeping each other accountable?
- Flourish Community Advisory Council led Flourish through Covid and we did it all online as well.
- Thank you to all presenters today for sharing your enactment of design and leadership with those with lived experience. Such valuable learning and inspiration. Congratulations to you all for your work.
- Penrith Head to Health co-design was all carried out online due to COVID as well <a href="U">U</a>
- Wonderful presentations today, thank you all for your knowledge, insights and leadership in this space. Wonderful to share this space with you today and thank you for having us :
- Please send expressions of interest for the next forum presentations by August 1 to: https://www.surveymonkey.com/r/273PKZK Themes ideas are: WORKFORCE RETENTION AND RECRUITMENT and MENTAL HEALTH ISSUES OF WORKERS
- The Peer space is so important.
- Brilliant work team
- Leadership perhaps
- Thank you everybody for your participation and time today
- great session
- Thanks everyone for an excellent event feedback and presentations :)
- Thank you so much NCOSS for organising and to all the presenters.