



#### JOB DESCRIPTION

Position Title:	Mental Health Clinician
Position Type:	Part time, fixed term contract until 30 June 2022
Location:	Batemans Bay, NSW
Reporting Relationship:	The position reports directly to the Manager, headspace Batemans Bay
Position Classification:	The position is classified at band D (D3 to D6) in accordance with the RACR Enterprise Agreement
Remuneration:	\$86,516.68 – \$89,530.63 plus super for full time position and PBI tax benefit
Reviewed:	September 2021

Relationships Australia Canberra and Region (RACR) honours Australia's First Peoples. We expect every member of staff agrees to work towards their own cultural awareness and fitness and participate in cultural training and discussions during the course of their work with our organisation.

# **Role Summary:**

The Mental Health Clinician is responsible for undertaking individual assessments and providing focused psychological strategies for a diverse range of clients with mental health needs. This role works collaboratively with key stakeholders including General Practitioners, Local Health District Clinicians, government and non-government organisations to ensure high quality outcomes for clients.

# **Duties**

In consultation with the Clinical Lead and Manager, headspace Batemans Bay, the Mental Health Clinician:

- provides individual and group psychological interventions to clients as per program requirements;
- develops suitable and culturally-appropriate group and individual focused psychological interventions
- liaises with GPs and (as required) other health professionals to provide patient care in the area of mental health—specifically in the development and review of care plans, and participating in case conferences as outlined in the Enhanced Primary Care Guidelines;
- delivers psycho-education regarding the nature of mental health and associated problems, make available information services, and avenues of access to such services;
- facilitate timely access to service for young people by conducting psychosocial assessment and risk assessment for walk in presentations, as required;
- when the Youth Access worker is unavailable/not on-site triage, respond and provide the intake function;
- implements activities to engage targeted groups in program services and enables clients to participate in the management of their own mental health;
- maintains high standards of file management ensuring that accurate clinical notes are recorded and all clients files are stored in line with legislative requirements and organisational policies and procedures;
- complies with relevant ethical and legal requirements governing mental health services including South Eastern NSW PHN policies and procedures and position scope of practice;

- participates in data collection and evaluation processes to drive service improvement;
- participates in education, training and clinical supervision as delegated by the manager;
- participates in meetings including occasional attendance at meetings and training outside of usual business hours;
- participates in presentations to community forums or clinical groups as required;
- responsible for promoting and supporting the Youth Reference Group and Family and Friends "Inclusive Practice";
- participates in the development, implementation and maintenance of a safe and healthy workplace and take reasonable care to ensure health and safety of themselves and others;
- work towards developing and maintaining cultural awareness and fitness through participation in cultural training and discussions.
- other duties as directed by the supervisor.

#### Selection criteria

#### Essential

- 1. Relevant tertiary qualifications in psychology, social work, counselling, occupational therapy or other relevant field and a relevant professional registration.
- 2. Demonstrated competence in the provision of a full range of mental health services including mental state and psychological assessments (including crisis assessments), individual, family and group, treatments for young people presenting with a range of behavioural, emotional, social or developmental issues, including psychosis and alcohol/other drug issues.
- Knowledge, experience, understanding and demonstrated passion for, and interest in, the health and welfare
  issues affecting young people and extensive skills and experience in assessment of young people and ability to
  engage with young people and their families holistically including capacity to provide flexible outreach
  services.
- 4. Demonstrated understanding of Aboriginal and Torres Strait Islander culture, culturally diverse and LGBTQIA communities.
- 5. Demonstrated ability to work within structures of supervision and clinical accountability.
- 6. Highly developed written and verbal communication skills, and the ability to engage with, establish and maintain effective relationships with a diverse range of people, including young people, health professionals, educators, academic researchers, and service providers.
- 7. Demonstrated information management and technology skills including:
  - experience in the use of electronic client/customer management systems
  - ability to use a desktop computer, with familiarity with the Microsoft Windows environment and Microsoft Office applications.

## Desirable

- 1. Sound understanding of a social model of health, the social determinants of health, health promotion settings approach and capacity building.
- 2. Knowledge and understanding of relevant legislation, policies and strategic directions of mental health services for young people experiencing (or at risk of) mental illness.
- 3. Demonstrated understanding of service delivery concerns including privacy and confidentiality principles.

- 4. An understanding of the issues relating to mental health and primary health care for young people living in rural and remote communities, including the role of general practice and allied health providers.
- 5. Knowledge of Batemans Bay youth/health sectors.

# **Special Requirements**

- Willingness to travel and flexibility to work out of hours occasionally.
- Current NSW driver's license.
- A NSW working with children check.
- Commitment to mission and values of Relationships Australia Canberra & Region.
- Understand and embed restorative principles in their work and interaction with others.

# **Contact Person:**

For further information about the position or application process, contact Tracy Creech, Manager, headspace Batemans Bay on 0428 036 021, HR Team on 02 6229 2410 or email <a href="mailto:hr@racr.org.au">hr@racr.org.au</a>.